

# Wellbeing and community officer



## Ashfaq Ali Vattaparambil Amanullah

Studying MSc International Business Management  
(with Placement)

### Why do you want to do this role?

As a student at the University of East London, I have witnessed first-hand the challenges that students face in their academic and personal lives. I am passionate about creating a positive and supportive environment for all students, and I believe that I can make a significant impact in this role. I am running for this position because I want to contribute to the well-being of our student community. As a student myself, I understand the stress and anxiety that can come with academic pressures and the importance of having access to support services. I believe that every student should have access to the resources and support they need to thrive academically and personally. As the Wellbeing and Community Officer, I am committed to creating a safe and inclusive environment where all students can feel supported and empowered.

### Why should students vote for you?

Students should vote for me because I have a strong track record of community involvement and leadership. Throughout my academic career, I have been actively involved in student organizations and volunteering activities. I have also been a mentor and tutor for students, providing support and guidance for those who need it. I am committed to serving the student community and ensuring that their voices are heard. As the Wellbeing and Community Officer, I will work tirelessly to improve the well-being of all students and create a supportive and inclusive environment for everyone.

### What are your main priorities?

**Mental Health and Well-being Support:** Offer support services to students and staff to help them cope with stress, anxiety, and other mental health issues. Create online resources, organize workshops, and partner with mental health charities and organizations to provide specialized support.

**Community Events:** Organize community events that bring students and staff together, such as cultural festivals, open-mic nights, charity fundraisers, and community service projects. These events can foster a sense of belonging and help build relationships among members of the university community.

**Campus Sustainability:** Develop and implement sustainability programs on campus, such as waste reduction initiatives, energy conservation, and sustainable transportation options. Work with student groups and local organizations to create awareness and promote eco-friendly practices.

**Diversity and Inclusion:** Promote diversity and inclusion on campus by organizing events and initiatives that celebrate diversity, such as cultural and religious awareness weeks, LGBTQ+ events, and disability awareness campaigns. Also work with faculty and staff to create inclusive curriculum and policies.

**Health and Fitness Programs:** Encourage students and staff to lead healthy and active lifestyles by offering fitness classes, health education sessions, and wellness programs. Partner with local gyms, health clinics, and wellness centres to provide a wide range of health services.

**Student Accommodation:** Work with student housing providers to create safe and affordable housing options for students. Provide resources and support to students who are struggling with housing issues.

**Advocate for student rights:** As the Wellbeing and Community Officer, I will be a strong advocate for student rights. I will work to ensure that students have access to the resources they need to succeed and that their voices are heard on campus.